



Dasho Dr Lotay Tshering

Governor, Gelephu Mindfulness City
Former Prime Minister, Bhutan

Dr. Lotay Tshering, born on May 10, 1969, is currently serving as the Governor of Gelephu Mindfulness City. His distinguished career includes serving as the Prime Minister of Bhutan from November 2018 to 2023 and as President of Druk Nyamrup Tshogpa from May 2018 to 2024.

Dr. Tshering's medical background is extensive, having earned his MBBS from Dhaka University, Bangladesh (1991-1997), followed by General Surgery training at BCPS, Dhaka University (1997-2002). He further specialized with a Urology fellowship at Wisconsin Medical College Hospital in the USA and SGH in Singapore (2007-2008), and later obtained an MBA from the University of Canberra in 2014. His medical career includes positions as a Consultant Surgeon at JDWNRH and Mongar Hospital (2001-2006), Consultant Urologist at Jigme Dorji Wangchuck National Referral Hospital (2008-2013), and Head of His Majesty's Kidu Medical Unit (2014-2018).

Dr. Tshering has received prestigious recognitions, including the Druk Thuksey medal in 2017 and the Lungmar scarf awarded by His Majesty The King in 2020 for his outstanding efforts during the COVID-19 pandemic.

On a personal note, he is married to Dr. Ugyen Dem, a Child Psychiatrist, and they have three daughters and two adopted children (a son and a daughter). Beyond his professional life, Dr. Tshering enjoys biking, reading, and cooking.