



Suitable for kids  
aged 4 to 12

SEPTEMBER HOLIDAYS PROGRAMME

# **BUILDING FOCUS AND CONFIDENCE THROUGH AIKIDO**

8 September 2025, Monday | 1.30pm to 3pm  
Kent Ridge Guild House, Aerobics Room

Unleash your child's inner warrior with Aikido!  
This fun, beginner-friendly workshop by aikiForest builds focus, coordination, confidence, and self-control through age-appropriate martial arts exercises.

Kids' Club Member **\$30**

Member's Child / Junior Member **\$33**

Guest's Child **\$38**

- Prices stated are subject to prevailing GST.
- Registration closes on 30 August 2025.
- A minimum six participants is required for the workshop to commence.
- No-show fee applies and cancellation has to be made seven days prior to the workshop.

Register Here



Scan the QR code or visit  
[www.bit.ly/nuss\\_aikido](http://www.bit.ly/nuss_aikido)  
to register.

For enquiries, please email  
**Carol Lee** at [carollee@nuss.org.sg](mailto:carollee@nuss.org.sg).

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