



## Mr Abel Ariza

Managing Director  
Sodexo Singapore and Malaysia

Abel Ariza is the Managing Director for Sodexo Singapore and Malaysia, leading a 2,000-strong team across diverse sectors and driving transformation in the region's food and facilities services industry. With over two decades of experience across Europe and Asia Pacific, Abel has held senior leadership roles spanning operations, business development, and corporate strategy — including postings as Country President for Sodexo Korea and Segment Director for Corporate Services in Singapore and Vietnam.

He has spearheaded complex regional portfolios, including Unilever's Asia Pacific footprint, and played a pivotal role in repositioning business units for growth and profitability. Abel brings a distinctive blend of commercial acumen, operational excellence, and cultural fluency to the table — with a track record of scaling businesses while building high-trust, people-centric cultures.

Abel holds an MBA from INSEAD, along with master's degrees in Market Research and Naval Engineering. He is fluent in English, Spanish, and Catalan.